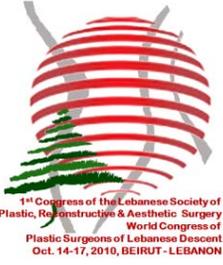


**1st Congress of the Lebanese Society of
Plastic, Reconstructive & Aesthetic Surgery
World Congress of
Plastic Surgeons of Lebanese Descent
Oct. 14-17, 2010, BEIRUT - LEBANON**

www.lspras.com

الجمعية اللبنانية لجراحة التجميل والترميم



Dear colleagues,

It is my pleasure and joy to invite you to participate in the 1st Annual Congress of the Lebanese Society of Plastic, Reconstructive, and Aesthetic Surgery (LSPRAS) and the World Congress of Plastic Surgeons of Lebanese Descent, the greatest scientific event of our specialty in the Middle East in 2010, in the ever resurrecting vibrant city of Beirut.

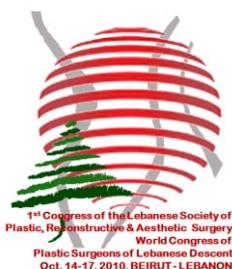
Several years ago we have organized the 1st Lebanese-Brazilian Plastic Surgery Meeting which has attracted many of our Brazilian colleagues as well as many other friends. Two ISAPS courses and one MBC course have also been organized successfully in Beirut over the last few years. With this present Congress being extended to all Plastic Surgeons of Lebanese descent and with ISAPS endorsement as well as the participation of Professor Illouz Association (PIA) and the Mediterranean Council for Burns and Fire Disasters (MBC), colleagues from North, Central, and South America as well as from Europe, Australia, North Africa and the Middle East are expected to participate.

There is no doubt that this will be a popular Congress. An International Advisory Committee composed of prominent international Plastic Surgeons is a sure guarantee to the scientific value and quality of this event. Besides free-papers, poster sessions and key note lectures special sessions like debates on hot issues will be organized. The Hotel venue along with other hotels within very short walking distance will conveniently accommodate all the needs of the Congress. For trainees, there will be a reduced rate of registration fee and of course, for all who wish to take advantage of the "early bird" registration. An attractive social program will include dining and dancing as well as organized trips and visits to the most interesting sites of Lebanon including a visit to the newly renovated and rebuilt Beirut Downtown, Jeita Grotto, the new world wonder, and a visit to the old Phoenician port of Byblos, city of the Alphabet, and the most ancient continuously inhabited city of the world. An optional pre-congress tour to Baalbeck, the biggest and best preserved Roman temple complex in the world is also in the agenda. Should you decide to extend your stay, the travel agent associated to this Congress will be pleased to arrange visits to other sites such as the Cedars, Sidon, and Beiteddine Palace.

We are looking forward to welcoming you in Lebanon for several days full of science, pleasure, history and culture. The Organizing Committee will spare no effort to make this event successful and unforgettable for all.

Bishara Atiyeh, MD, FACS
President LSPRAS
General Secretary MBC





1st ANNUAL CONGRESS OF THE LEBANESE SOCIETY OF PLASTIC, RECONSTRUCTIVE, & AESTHETIC SURGERY – LSPRAS & WORLD CONGRESS OF PLASTIC SURGEONS OF LEBANESE DESCENT

METROPOLITAN PALACE HOTEL

Beirut – LEBANON, October 14 - 17, 2010

www.lspras.com

www.estheticlebanon.org



Organized by
**LEBANESE SOCIETY OF PLASTIC RECONSTRUCTIVE & AESTHETIC
SURGERY - LSPRAS**

Specially endorsed by
INTERNATIONAL SOCIETY OF AESTHETIC PLASTIC SURGERY - ISAPS

With the participation of
Prof. ILLOUZ ASSOCIATION - PIA

&
MEDITERRANEAN COUNCIL FOR BURNS & FIRE DISASTERS - MBC

Chairman: Bishara Atiyeh

International Advisory Committee:

Mutaz Habal (USA)
Sam Hamra (USA)
Roger Khouri (USA)
Rogerio Izar Neves (USA)
Ricardo Baroudi (Brazil)
Fabio Nahas (Brazil)
Romeo Fadoul (Brazil)
Aryzone Mendes de Arujo Filho (Brazil)
Carlos Juri (Argentina)
Nicolas Chami (Switzerland)
Wassim Raffoul (Switzerland)
Marwan Abboud (Belgium)
Richard Moufarrege (Canada)

Local Organizing Committee:

Sami Saad
Georges Ghanime
Elie Abdel Hak
Ziad Sleiman
Shady Hayek
Marwan Nasr
Ali Nasser
Paul Audi
Rami Andari

CME Credits to be awarded by
Lebanese Order of Physicians

Scientific Committee:

Bishara Atiyeh
Nabih Sader
Imad Kaddoura
Fadi Ferran
Nabil Hokayem
Souheil Hojeily
for 3rd Prof. ILLOUZ ASSOCIATION (PIA) Conference
Catherine Bergeret-Galley
Luiz Toledo

Social Committee:

Ahmad Zaatari
Bassem Karam
Fady Jiz
Tony Nassar
May Hatem

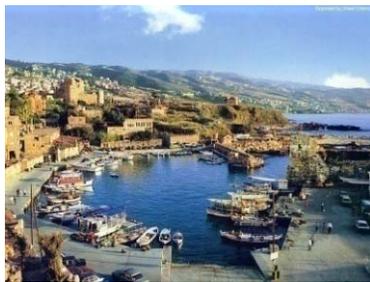
SPECIAL AWARD FOR BEST PRESENTATION BY A YOUNG PLASTIC SURGEON
(in training / less than 5 years in practice) 1000 US\$
Abstracts must be submitted before August 31st, 2010

SECOND ILLOUZ PRIZE contact Dr. JM AVELAR - juarezavelar@bol.com.br

For Information

Georges GHANINE, MD
nghanime@yahoo.com

Sami SAAD, MD
info@samisaadmd.com



TOPICS

Obesity, Fat Metabolism, Fat Transfer and Stem Cells
 Facial Rejuvenation
 Rhinoplasty
 Fillers, Botox, Laser
 Breast Cosmetic and Reconstructive Surgery
 Body Contouring
 Post-Bariatric Surgery
 Reconstructive Surgery
 Hand Surgery and Microsurgery
 Burns
 Wound Healing
 Miscellaneous

Deadline for abstract submission: August 31st

SCIENTIFIC PROGRAM

Thursday October 14

12:30-17:00 3rd Conference of Prof. ILLOUZ ASSOCIATION – PIA
 Celebration of
 The "2010 - 30 Years Prof. Illouz
 Teaching Liposuction all over the World"

Friday October 15

9:00-13:30 Scientific Sessions
 15:00-17:00 Scientific Sessions

Saturday October 16

8:00-13:30 Scientific sessions

Sunday October 17

9:00-13:30 Scientific Sessions
 15:30-18:00 Scientific Sessions

SOCIAL PROGRAM

Wednesday October 13

Pre-congress 1 day tour Baalbeck (optional)

Thursday October 14

20:00 OPENING CEREMONY
 21:00 Welcome Dinner/Reception

Friday October 15

13:30-15:00 Lunch
 17:30 Tour – Byblos Old City & Port
 20:30 Dinner

Saturday October 16

13:30-14:45 Lunch
 15:00 Tour – Jeita Grotto
 21:30 Gala Dinner

Sunday October 17

14:00-15:30 Lunch
 18:00 Tour – Beirut Down Town
 21:00 Dinner

LANGUAGE English

VENUE METROPOLITAN PALACE HOTEL *****
<http://palacebeirut.habtoorhotels.com>



VENT NOUVEAU Antelias, 7 Mezher Str., Lebanon,
 Tel: +961 4 712 037, Fax: +961 4 715 196

E-mail: LBPSM@ventnouveau.com ; website: www.ventnouveau.com.lb





ACCOMODATION

Rooms at hotel venue site **Metropolitan Palace Hotel** are limited first come first served. All reservations are to be made with the congress travel agent to guarantee negotiated preferential rates.

Two alternative hotels are at a very short walking distance from the venue site

Hotel reservation guaranteed only if made before July 31st 2010 pending availability accompanied by payment of full package registration fee and 1 night hotel rate

ACCOMODATION

B/B daily rate all taxes included

□ SINGLE

□ DOUBLE

□ Metropolitan Palace Hote ***** De Luxe	200 US \$	220 US \$
□ Habtoor Grand Hotel ***** Superior	225 US \$	245 US \$
□ Padova Hotel **** Standard	125 US \$	140 US \$

In case of any changes in VAT during 2010, rates will be revised accordingly

FULL PACKAGE REGISTRATION FEE

includes admission to scientific sessions, exhibit, transfer from and to airport, and all functions of the social program except optional tour on October 13

	<u>Participants</u>	<u>Accompanying Persons</u>
Before June 30th	575 US \$	500 US \$
Before August 31st	650 US \$	550 US \$
After September 1st	750 US \$	600 US \$

Optional full day tour October 13 100 US \$

ON SITE REGISTRATION FEE

Participants	450 US \$
Interns/Residents	250 US \$

Includes admission to scientific sessions and exhibit, luncheons and coffee breaks ONLY
Tickets for other social events (dinners and tours) may be purchased separately

PACKAGE ON SITE OR PRE-REGISTRATION FEE FOR LSPRAS MEMBERS

Includes all luncheons and dinners excluding tours **550 US \$**

Registration and abstract submission forms available at www.lspras.com

CANCELLATION AND REFUND

Before June 30th

Full refund minus 10% fee

July 1st – August 31st

50% refund

After September 1st

No refund

INSURANCE

Participants are strongly advised to arrange their personal insurance policies. Delegates are advised to acquire health and accident insurance prior to travelling to the congress. The Congress Organizers do not assume any responsibility for accidents, losses or damages, as well as for delays or modifications in the program caused by unforeseen circumstances. No claims for indemnification from the organizers shall arise for contractors or participants in case of cancellation, for any reason, of the entire congress.

PASSPORT AND VISA

Any person entering Lebanon, must hold a passport which is valid for a period of at least 6 months and an appropriate visa, the latter issued at the Lebanese Embassies and Consulates abroad, or by the Directorate General of Security at the Lebanese border or airport.

Nationals of Syria, Jordan and Turkey do not require an entry visa.

All visitors requiring a visa should contact the consulate (or consular section at embassy) before leaving for details about where to obtain their visa.

Visas on Arrival to Lebanon

The citizens of the following states are given a direct renewable multiple entry visa, providing passport holders do not carry an Israeli stamp on their passport, and they hold return or onward tickets.

Andorra, Antigua and Barbuda, Argentina, Armenia, Australia, Austria, Azerbaijan, The Bahamas, Barbados, Belarus, Belgium, Belize, Bhutan, Brazil, Bulgaria, Canada, Chile, China Republic, Czech Republic, Costa Rica, Croatia, Cyprus, Denmark, Estonia, Finland, France, Great Britain, Georgia, Germany, Greece, Hong Kong, Hungary, Iceland, Ireland, Italy, Japan, Kazakhstan, Kyrgyzstan, Latvia, Lithuania, Liechtenstein, Luxembourg, Macedonia, Macau (S A R), Malaysia, Malta, Mexico, Moldova, Monaco, Netherlands, New Zealand, Norway, Palau, Panama, Peru, Poland, Portugal, Russia, Romania, Saint Kitts & Nevis, Samoa, San Marino, Singapore, Slovakia, Slovenia, South Korea, Spain, Sweden, Switzerland, Tajikistan, Trinidad & Tobago, Turkmenistan, USA, Ukraine, Uzbekistan, Venezuela, Yugoslavia.

Gulf Cooperation Council Countries: Saudi-Arabia, Kuwait, United Arab Emirates, Bahrain, Qatar, Oman.

TIME ZONE

The time in Lebanon is Greenwich Mean Time GMT +2. In October it is GMT +3 (daylight saving time).

WEATHER

Weather in Lebanon in October is moderate. Rain may be expected. A sweater may be advisable at night.

CURRENCY

1500 Lebanese Pounds (LBP) are equivalent to 1 US \$. Payments may be made in US \$ and all major credit cards are accepted.

SIGHT SEEING TOURS

Baalbeck



OCTOBER 13, 2010. (optional)

Baalbeck, Lebanon's greatest Roman treasure, can be counted among the wonders of the ancient world. The largest and most noble Roman temples ever built, they are also among the best preserved. Towering high above the Beqaa plain, their monumental proportions proclaimed the power and wealth of Imperial Rome. The gods worshipped here, the Triad of Jupiter, Venus and Mercury, were grafted onto the indigenous deities of Hadad, Atargatis and a young male god of fertility. Local influences are also seen in the planning and layout of the temples, which vary from the classic Roman design. Over the centuries Baalbeck's monuments suffered from theft, war and earthquakes, as well as from numerous medieval additions. Fortunately, the modern visitor can see the site in something close to its original form thanks to work in the past hundred years by German, French and Lebanese archaeologists. Baalbeck is located on two main historic trade routes, one between the Mediterranean coast and the Syrian interior and the other between northern Syria and northern Palestine. Today the city, 85 kilometers from Beirut, is an important administrative and economic center in the northern Beqaa valley.

Byblos



OCTOBER 15, 2010

Byblos is one of the top contenders for the "oldest continuously inhabited city" award. According to Phoenician tradition it was founded by the God El, and even the Phoenicians considered it a city of great antiquity. Although its beginnings are lost in time, modern scholars say the site of Byblos goes back at least 7,000 years. Inhabited since Neolithic times, it has been closely linked to the legends and history of the Mediterranean region for thousands of years. Ironically, the words "Byblos" and "Phoenicia" would not have been recognized by the city's early inhabitants. For several thousand years it was called "Gubla" and later "Gebal," while the term "Canaan" was applied to the coast in general. It was the Greeks, some time after 1200 B.C., who gave us the name "Phoenicia," referring to the coastal area. And they called the city "Byblos" (papyrus" in Greek), because this commercial center was important in the papyrus trade. Today Byblos (Jbeil in Arabic) on the coast 37 kilometers north of Beirut, is a prosperous place with glass-fronted office buildings and crowded streets. But within the old town, medieval Arab and Crusader remains are continuous reminders of the past. Nearby are the extensive excavations that make Byblos one of the most important archaeological sites in the area.

JEITA GROTTTO

A wonder of nature in Lebanon



OCTOBER 16, 2010

What can be so spectacular in a cave? I can hardly find my words for describing such a beauty! It is simply overwhelming and breathtaking, a unique cave, I would say.

Jeita Grotto is the jewel of tourism in Lebanon. It is a nature wonder, and lies only 20 km north of Beirut offering to its visitors qualified modern services and accommodation in harmony with a fascinating nature. It creates a magical trip to tourists enabling them to spend a day of wonder-filled adventure by being carried away from a tangible world to a wonderland where are found 2 fabulous grottoes full of unimaginable beauty and mystic ! It is a source of attraction for tourists discovering the mysterious world in the heart of the earth.

The "Touristic Site of Jeita" gathers all elements of nature such as stone, water, trees, flowers, air, animals, etc... with a touch of culture and surrounded with a verdurous environment. It is one of the most impressive and interesting natural sites in the world.



OCTOBER 17, 2010, (optional)

Life has returned to Downtown Beirut. The former "Pearl of the Middle East" is once again an exquisite experience. A bewildering composition of cultures and faiths, perched on a breathtaking sweep of Mediterranean coastline. The most populous city in Lebanon, Beirut, our capital and home to the first law school in the world, dating back to the Phoenician Era, is a tourist attraction to all visitors from around the world. Known to be the commercial and busiest city in Lebanon, th city is the focal point of the region's cultural life, renowned for its press, theaters, cultural activities, and nightlife. After the destructive war, Beirut underwent major reconstruction, and the redesigned historic city center, marina, pubs and nightlife districts have once again rendered it a tourist attraction. Beirut was named the top place to visit in 2009 by the **New York Times**. It was also listed as one of the ten liveliest cities in the world by **Lonely Planet** in 2009.

ACCOMODATION



Metropolitan Palace Beirut – Sin El Fil

(congress venue)

www.palacebeirut.habtoorhotels.com

Tel: +961 1 496 666, Fax: +961 1 498 866, Email: palacebeirut@habtoorhotels.com

Since the opening of the Metropolitan Palace Hotel Beirut, this elegant landmark on Beirut's skyline has become one of the most prestigious and successful hotels in Lebanon. Located in Sin El Fil 5 km from the city centre and 6 km from Beirut International Airport, the five-star Metropolitan Palace Hotel, Beirut combines the best of traditional Lebanese hospitality with unmatched luxury. It offers 183 elegantly appointed guest rooms and suites that are tastefully furnished and stylishly appointed to make you feel home away from home. It offers also 8 meeting rooms that are equipped with the latest technology and caters for various important events. The leisure facilities include a spectacular swimming pool, jacuzzi, sauna, steam bath, fully equipped gymnasium, aerobic and stretching courses.



Habtoor Grand Hotel Convention Center & Spa – Sin El Fil

www.habtoorhotels.com

Tel: +961 1 500 666, Fax: : +961 1 498 866, E-mail: grandbeirut@habtoorhotels.com

The Habtoor Grand Hotel Convention Centre & SPA is a full-service luxury hotel in Beirut, conveniently located close to the financial district and to the international airport.

It is the most prestigious landmark to grace the Beirut skyline, Habtoor Grand Hotel Convention Centre & Spa takes hotel and leisure facilities in Beirut to a new level. The hotel offers 195 luxurious rooms and suites all with breathtaking views of the mountains or city of Beirut and designed with comfort, elegance and total relaxation in mind, a range of world-class restaurants, state-of-the-art business and leisure facilities as well as extensive shopping and entertainment choices.

This 5 star hotel boasts the largest convention centre in Beirut, with a capacity of up to 3500 guests for conferences and banquets. The huge spa area features state-of-the-art facilities, and you will also find a French restaurant, a jazz bar and a pool bar.



Padova Hotel – Sin El Fil

www.padovabeirut.com

Tel: +961 1 501 333/9, Fax: : +961 1 501 340

The 4-star Padova Hotel is situated in the business district of Sin el Fil, only a 10-minute drive from the airport. All rooms have balconies with panoramic views of Beirut.

The hotel is in walking distance of major malls, trendy shops, art galleries, banks, restaurants, pubs and night clubs. It is a 5-minute drive from downtown Beirut.

Padova Hotel has a charming lobby, elegant bar, a gourmet restaurant serving Lebanese and international dishes, as well as good business facilities.

PROGRAM AT A GLANCE

	HALL A	HALL B	
Wednesday October 13			
8:00 – 18:00	PRE-CONGRESS 1 DAY TOUR BAALBECK (optional)		
Thursday October 14			
13:00 – 14:00 14:00 – 19:30	REGISTRATION	3rd Conference of Prof. ILLOUZ ASSOCIATION PIA Obesity, fat metabolism, fat transfer and stem cells	
19:30 – 20:00		OPENING CEREMONY	
20:30	WELCOME DINNER/RECEPTION		
Friday October 15			
8:00 – 9:00 9:00 – 11:00	REGISTRATION	SESSION 1 A Facial Rejuvenation	
11:00 – 11:30 11:30 – 13:30		SESSION 1 B Head & Neck Surgery	
		Coffee Break	
		SESSION 2 A Facial Rejuvenation	SESSION 2 B Miscellaneous
13:30 – 15:00 15:00 – 17:00		LUNCH	
	SESSION 3 A Rhinoplasty	SESSION 3 B None Surgical Rejuvenation	
17:30	TOUR: BYBLOS OLD CITY & PORT - DINNER		
Saturday October 16			
8:00 – 9:20	REGISTRATION	SESSION 4 A Breast Cosmetic & Reconstructive Surgery	
9:30 – 11:00		SESSION 4 B Reconstructive Surgery	
11:00 – 11:30 11:30 – 13:30		SESSION 5 A Breast Cosmetic & Reconstructive Surgery	SESSION 5 B Reconstructive Surgery
		Coffee Break	
13:30 – 14:45		LUNCH	
	SESSION 6 A Breast Cosmetic & Reconstructive Surgery	SESSION 6 B Hand Surgery & Microsurgery	
15:00	TOUR: JEITA GROTTO		
21:30	GALA DINNER		
Sunday October 17			
9:00 – 11:00	SESSION 7 A Body Contouring Surgery	SESSION 7 B Burns	
11:00 – 11:30 11:30 – 13:30		Coffee Break	
	SESSION 8 A Body Contouring Surgery	SESSION 8 B Wound Healing	
13:30 – 15:00 15:00 – 17:00		LUNCH	
	SESSION 9 A Post-Bariatric Surgery	SESSION 9 B Miscellaneous	
17:30	TOUR: BEIRUT DOWNTOWN - DINNER		

SCIENTIFIC EXHIBITION
Shady Hayek, MD

For information contact
tel: +961-3-621179
e-mail: sh16@aub.edu.lb



LUNCHEONS, TOURS, & DINNERS

Thursday October 14

19:30 – 20:00	OPENING CEREMONY METROPOLITAN HOTEL – HALL A
20:30	WELCOME LEBANESE DINNER "Mounir Restaurant" Broummana

Friday October 15

13:30 – 15:00	LUNCH "Venezia Italian Restaurant" Lobby level Metropolitan Hotel "Al Shindagah Restaurant" Mezzanine Floor Metropolitan Hotel
17:30	TOUR: BYBLOS OLD CITY & PORT
20:30	LEBANESE DINNER To be announced

Saturday October 16

13:30 – 14:45	LUNCH "Venezia Italian Restaurant" Lobby level Metropolitan Hotel "Al Shindagah Restaurant" Mezzanine Floor Metropolitan Hotel
15:00	TOUR: JEITA GROTTA
21:30	WELCOME DRINK & GALA DINNER "Emirates Hall", Habtoor Grand Hotel

Sunday October 17

13:30 – 15:00	LUNCH "Venezia Italian Restaurant" Lobby level Metropolitan Hotel "Al Shindagah Restaurant" Mezzanine Floor Metropolitan Hotel
17:30	TOUR: BEIRUT DOWNTOWN
20:30	LEBANESE DINNER "Burj el Hamam" Broummana

VENUES OF FUNCTIONS MAY BE SUBJECT TO CHANGE TO EQUIVALENT FACILITIES

Single Dinner Vouchers may be acquired at the registration desk

<u>Thursday Oct. 14</u> Dinner	55 US \$
<u>Friday Oct. 15</u> Dinner	55 US \$
<u>Saturday Oct. 16</u> Gala Dinner	100 US \$
<u>Sunday Oct. 17</u> Dinner	55 US \$